

**FROS – CTFN – SPORTA**



(Organisatie FROS)

**NATIONAAL KAMPIOENSCHAP ZWEMMEN 2016**  
**CHAMPIONNAT NATIONAL DE NATATION 2016**

**LANGE AFSTANDEN**  
**LONGUES DISTANCES**

**Uitslagen**  
**Resultats**

**Aarschot**  
**24/01/2016**

**WEDSTRIJDLEIDING - DIRECTION DE CONCOURS :**

Scheidsrechter / Juge arbitre :	Heylen François. (TCF - FROS)
Starter - Aankomstrechtters / Démarreur - Juges à l'arrivée :	Schotte Peter. (SPORTA)
Zweminspecteur / Inspecteur du nage :	Vandyck Jeanne (VZSH)
Jurysecretaris / Secrétaire du jury :	Verreydt Pieter (CTFN)
Micro :	De Blicck Carlos. ( ZIB)
Uitslagen / Resultats :	Van Uytsel Luc. (DELFF)
Wedstrijdbode / Huissier de concours :	Merckx Irena. ( VZT)
Receptie / Reception :	Merckx Irena (VZT)

Hoofdtijdopnemer / Chronométrateur en chef :	Claeys Gino. ( TCF - FROS)
	Debbaut Camille ( CNU )
	Lycke Denise (ZIB ) nm

**Tijdopnemers / Chronométrateurs :**

baan 1:	Caestecker Wilfried (TCF - FROS) vm Wielemans Pieter (ZVM) nm
baan 2:	Lycke Denise (ZIB) vm Van Hauwaart Bart (BZV) nm
baan 3:	Pensis Jean Pierre ( VZD)
baan 4:	Mattens Hubert ( TCF – FROS) Coppens Luc (CNU ) nm
baan 5:	Decuyper Cindy (VZN)
baan 6:	Vandenbulcke Anouska (VZSA)
baan 7:	Roelof Anneke (VZN)
baan 8:	Goutry Veerle ( ZIB ) nm

**Clubafgevaardigden/Délégués:**

Blankenbergse Zwemvereniging (BZV - FROS) :	Goegebeur D.
Kuurnse Zwemvereniging ( KZV – SPORTA ) :	
Nageurs Ucclais (CNU – CTFN) :	De Vreker T.
Vrije Zwem- en Sportvereniging Hofstade (VZSH – CTFN) :	Peeters J.
Vrije Zwemmers Drongen (VZD - FROS) :	Vanrenterghem D.
Vrije Zwemmers Gent (VZG – FROS) :	Jamart P.
Vrije Zwemmers Nieuwpoort (VZN – FROS) :	'T Jaeck C.
Vrije Zwemmers Oostende ( VZO – FROS ) :	Verleure P.
Vrije Zwemmers Sint-Amandsberg (VZSA – FROS) :	Caestecker W.
Vrije Zwemmers Tienen ( VZT - FROS ) :	Merckx I.
Wevelgemse Dolfijnen Klub ( WDK - SPORTA ) :	Schotte P.
Zwemclub Delfino (DELFF – FROS) :	Boeckx M.L.
Zwemclub Interbad Brugge ( ZIB – FROS ) :	De Blicck C.
Zwemclub Vrij Merksem ( ZVM - FROS ) :	Braeckmans J.

Rang	Geb.		Tijd	ins. tijd
1. Minnebo Lotte	06	ZIB	<b>6:22.89</b>	7:34.04
	50m: 41.73	150m: 2:20.77	250m: 4:00.11	350m: 5:38.43
	100m: 1:31.56	200m: 3:10.01	300m: 4:49.43	400m: 6:22.89
2. Vanwalleghem Myrthe	06	WDK	<b>7:04.38</b>	NT
	50m: 44.32	150m: 2:30.74	250m: 4:22.01	350m: 6:14.45
	100m: 1:35.60	200m: 3:25.27	300m: 5:19.61	400m: 7:04.38
3. Vermeulen Floor	07	DEL	<b>9:28.62</b>	NT
	50m: 1:00.63	150m: 3:23.91	250m: 5:49.52	350m: 8:21.86
	100m: 2:10.27	200m: 4:36.97	300m: 7:09.41	400m: 9:28.62

Rang	Geb.		Tijd	ins. tijd
1. Masyn Jasper	06	ZIB	<b>6:28.76</b>	NT
	50m: 42.05	150m: 2:21.17	250m: 4:03.38	350m: 5:43.52
	100m: 1:30.66	200m: 3:11.91	300m: 4:54.48	400m: 6:28.76
2. Lernout Noah	06	WDK	<b>6:34.93</b>	NT
	50m: 44.89	150m: 2:25.06	250m: 4:07.31	350m: 5:50.06
	100m: 1:35.37	200m: 3:15.98	300m: 4:58.86	400m: 6:34.93
3. Cappon Staf	06	WDK	<b>6:40.60</b>	NT
	50m: 46.29	150m: 2:33.20	250m: 4:16.57	350m: 5:57.00
	100m: 1:38.82	200m: 3:25.60	300m: 5:07.54	400m: 6:40.60
4. Vanbeveren Noah	06	VZN	<b>7:09.49</b>	8:18.69
	50m: 46.10	150m: 2:37.11	250m: 4:30.52	350m: 6:20.27
	100m: 1:41.16	200m: 3:33.60	300m: 5:26.50	400m: 7:09.49
5. Mortal Nathan	07	BZV	<b>7:12.11</b>	NT
	50m: 49.30	150m: 2:37.15	250m: 4:30.31	350m: 6:20.89
	100m: 1:41.45	200m: 3:33.27	300m: 5:26.04	400m: 7:12.11
6. Gouwy Rein	07	VZN	<b>7:40.21</b>	NT
	50m: 50.02	150m: 2:46.41	250m: 4:47.91	350m: 6:46.36
	100m: 1:48.20	200m: 3:47.03	300m: 5:48.09	400m: 7:40.21

Rang	Geb.		Tijd	ins. tijd
1. Stappaerts Jari	08	DEL	<b>4:00.96</b>	NT
	50m: 52.31	100m: 1:54.23	150m: 2:59.29	200m: 4:00.96
2. Gouwy Tuur	08	VZN	<b>4:15.33</b>	5:03.85
	50m: 52.90	100m: 1:59.73	150m: 3:09.46	200m: 4:15.33

Rang	Geb.		Tijd	ins. tijd
1. Lernout Laure	08	WDK	<b>4:02.33</b>	NT
	50m: 50.19	100m: 1:52.75	150m: 2:56.81	200m: 4:02.33

Rang	Geb.		Tijd	ins. tijd				
1.	Jaecques Jana	04 WDK	<b>13:01.26</b>	13:50.24				
	50m: 42.58	200m: 3:09.63	350m: 5:39.87	500m: 8:08.88	650m: 10:39.04	800m: 13:01.26		
	100m: 1:31.05	250m: 3:59.30	400m: 6:29.50	550m: 8:59.51	700m: 11:28.93			
	150m: 2:20.20	300m: 4:49.01	450m: 7:18.95	600m: 9:49.68	750m: 12:17.95			
2.	Serin Jelena	04 VZT	<b>13:27.83</b>	13:15.00				
	50m: 45.06	200m: 3:19.55	350m: 5:56.88	500m: 8:33.00	650m: 11:04.22	800m: 13:27.83		
	100m: 1:34.72	250m: 4:11.35	400m: 6:48.72	550m: 9:23.30	700m: 11:54.12			
	150m: 2:26.95	300m: 5:04.66	450m: 7:42.02	600m: 10:14.32	750m: 12:43.01			
3.	Vavritska Victoria	04 VZG	<b>14:24.54</b>	15:30.00				
	50m: 46.31	200m: 3:28.43	350m: 6:17.24	500m: 9:04.55	650m: 11:50.22	800m: 14:24.54		
	100m: 1:39.15	250m: 4:23.94	400m: 7:13.86	550m: 10:00.94	700m: 12:44.26			
	150m: 2:33.78	300m: 5:20.37	450m: 8:10.51	600m: 10:56.90	750m: 13:35.47			
4.	Ghewy Britt	05 VZN	<b>14:38.18</b>	NT				
	50m: 45.80	200m: 3:28.94	350m: 6:21.27	500m: 9:11.98	650m: 12:03.63	800m: 14:38.18		
	100m: 1:37.56	250m: 4:24.96	400m: 7:16.95	550m: 10:09.58	700m: 12:59.31			
	150m: 2:32.20	300m: 5:23.85	450m: 8:14.56	600m: 11:06.70	750m: 13:52.34			
5.	Ruttens Amber	05 BZV	<b>14:49.36</b>	NT				
	50m: 47.12	200m: 3:31.51	350m: 6:23.89	500m: 9:17.12	650m: 12:11.40	800m: 14:49.36		
	100m: 1:39.36	250m: 4:28.87	400m: 7:21.73	550m: 10:14.93	700m: 13:06.98			
	150m: 2:35.00	300m: 5:26.65	450m: 8:20.23	600m: 11:12.29	750m: 14:00.15			
6.	Waeytens Jinty	04 VZG	<b>15:19.78</b>	15:45.00				
	50m: 46.86	200m: 3:34.02	350m: 6:29.00	500m: 9:28.39	650m: 12:27.39	800m: 15:19.78		
	100m: 1:40.07	250m: 4:31.86	400m: 7:28.23	550m: 10:28.13	700m: 13:27.39			
	150m: 2:36.60	300m: 5:30.57	450m: 8:27.95	600m: 11:26.92	750m: 14:24.70			

Rang	Geb.		Tijd	ins. tijd				
1.	Vanhollebeke Maxence	04 VZN	<b>11:23.14</b>	NT				
	50m: 39.85	200m: 2:47.97	350m: 4:58.04	500m: 7:07.16	650m: 9:17.68	800m: 11:23.14		
	100m: 1:22.37	250m: 3:31.39	400m: 5:41.14	550m: 7:50.85	700m: 10:01.13			
	150m: 2:04.87	300m: 4:14.67	450m: 6:23.95	600m: 8:34.08	750m: 10:44.72			
2.	Boone Seppe	04 BZV	<b>12:29.63</b>	12:53.67				
	50m: 42.66	200m: 3:00.59	350m: 5:24.60	500m: 7:51.88	650m: 10:19.59	800m: 12:29.63		
	100m: 1:27.23	250m: 3:47.80	400m: 6:13.80	550m: 8:40.27	700m: 11:05.66			
	150m: 2:13.44	300m: 4:35.80	450m: 7:02.88	600m: 9:29.36	750m: 11:50.69			
3.	Bonjé Aeon	04 VZN	<b>13:03.18</b>	NT				
	50m: 41.53	200m: 3:06.59	350m: 5:36.31	500m: 8:11.39	650m: 10:40.82	800m: 13:03.18		
	100m: 1:28.67	250m: 3:56.29	400m: 6:27.48	550m: 9:00.68	700m: 11:29.37			
	150m: 2:17.56	300m: 4:45.92	450m: 7:18.75	600m: 9:51.56	750m: 12:18.90			
4.	Cornil Yann	05 ZIB	<b>14:54.30</b>	NT				
	50m: 47.39	200m: 3:39.34	350m: 6:35.55	500m: 9:26.13	650m: 12:15.43	800m: 14:54.30		
	100m: 1:42.49	250m: 4:39.63	400m: 7:34.62	550m: 10:22.05	700m: 13:07.94			
	150m: 2:41.19	300m: 5:37.59	450m: 8:30.31	600m: 11:16.57	750m: 14:02.20			
5.	Tuyteleers Jef	05 DELF	<b>19:19.82</b>	NT				
	50m: 51.89	200m: 4:18.82	350m: 8:02.23	500m: 11:52.73	650m: 15:37.42	800m: 19:19.82		
	100m: 1:58.07	250m: 5:32.86	400m: 9:18.29	550m: 13:06.20	700m: 16:55.23			
	150m: 3:06.29	300m: 6:43.82	450m: 10:39.60	600m: 14:20.89	750m: 18:09.67			

Programmanr. 7, Heren, 1500m vrije slag

Programmanr. 7  
24/01/2016

Heren, 1500m vrije slag

veteranen 55  
Resultaten

Rang	Geb.		Tijd	ins. tijd							
1.	Caestecker Wilfried	61	VZSA	<b>25:12.36</b>	24:24.05						
	50m: 40.35	300m: 4:43.69	550m: 8:55.57	800m: 13:10.15	1050m: 17:29.01	1300m: 21:46.86					
	100m: 1:26.56	350m: 5:34.19	600m: 9:46.17	850m: 14:01.66	1100m: 18:20.72	1350m: 22:40.12					
	150m: 2:14.29	400m: 6:24.88	650m: 10:37.08	900m: 14:53.54	1150m: 19:12.59	1400m: 23:32.59					
	200m: 3:03.55	450m: 7:15.01	700m: 11:28.12	950m: 15:44.89	1200m: 20:03.49	1450m: 24:24.29					
	250m: 3:53.41	500m: 8:05.08	750m: 12:19.68	1000m: 16:36.71	1250m: 20:54.91	1500m: 25:12.36					

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Heren, 1500m vrije slag

veteranen 50  
Resultaten

Rang	Geb.		Tijd	ins. tijd							
1.	Kempen Gui	62	DELFF	<b>28:37.50</b>	26:30.00						
	50m: 46.83	300m: 5:22.55	550m: 10:14.30	800m: 15:06.33	1050m: 19:59.18	1300m: 24:52.11					
	100m: 1:38.30	350m: 6:20.05	600m: 11:12.24	850m: 16:04.93	1100m: 20:57.77	1350m: 25:51.40					
	150m: 2:32.46	400m: 7:18.61	650m: 12:11.24	900m: 17:04.18	1150m: 21:57.08	1400m: 26:48.30					
	200m: 3:29.49	450m: 8:17.68	700m: 13:09.40	950m: 18:03.83	1200m: 22:55.80	1450m: 27:44.99					
	250m: 4:26.05	500m: 9:15.93	750m: 14:07.33	1000m: 19:00.58	1250m: 23:54.58	1500m: 28:37.50					

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Heren, 1500m vrije slag

veteranen 45  
Resultaten

Rang	Geb.		Tijd	ins. tijd							
1.	Vandaele Diederik	70	VZN	<b>21:25.37</b>	21:00.00						
	50m: 38.89	300m: 4:14.71	550m: 7:52.28	800m: 11:28.65	1050m: 15:03.14	1300m: 18:37.36					
	100m: 1:21.39	350m: 4:58.18	600m: 8:35.64	850m: 12:11.70	1100m: 15:45.81	1350m: 19:19.45					
	150m: 2:04.57	400m: 5:41.81	650m: 9:19.05	900m: 12:54.60	1150m: 16:28.01	1400m: 20:02.13					
	200m: 2:47.90	450m: 6:25.27	700m: 10:02.14	950m: 13:37.10	1200m: 17:11.65	1450m: 20:44.31					
	250m: 3:32.00	500m: 7:08.82	750m: 10:45.26	1000m: 14:20.15	1250m: 17:54.46	1500m: 21:25.37					
2.	Vangindedeuren Philippe	69	CNU	<b>22:31.72</b>	21:59.56						
	50m: 36.89	300m: 4:15.93	550m: 8:00.96	800m: 11:47.49	1050m: 15:38.27	1300m: 19:29.27					
	100m: 1:17.93	350m: 5:00.58	600m: 8:45.99	850m: 12:33.08	1100m: 16:24.08	1350m: 20:16.05					
	150m: 2:01.43	400m: 5:45.89	650m: 9:30.99	900m: 13:18.99	1150m: 17:10.39	1400m: 21:02.36					
	200m: 2:45.58	450m: 6:30.64	700m: 10:16.11	950m: 14:05.99	1200m: 17:56.27	1450m: 21:48.71					
	250m: 3:30.71	500m: 7:15.49	750m: 11:01.43	1000m: 14:52.80	1250m: 18:42.93	1500m: 22:31.72					

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Heren, 1500m vrije slag

veteranen 35  
Resultaten

Rang	Geb.		Tijd	ins. tijd							
1.	Vermeulen Gerry	78	DELFF	<b>24:35.44</b>	26:05.38						
	50m: 37:10.00	300m: 4:34.85	550m: 8:41.00	800m: 12:51.00	1050m: 17:05.00	1300m: 21:20.00					
	100m: 1:21.38	350m: 5:23.42	600m: 9:30.00	850m: 13:41.00	1100m: 17:56.00	1350m: 22:09.00					
	150m: 2:09.00	400m: 6:12.57	650m: 10:20.00	900m: 14:32.00	1150m: 18:47.00	1400m: 23:00.00					
	200m: 2:57.15	450m: 7:01.39	700m: 11:11.00	950m: 15:22.00	1200m: 19:39.00	1450m: 23:49.00					
	250m: 3:45.81	500m: 7:51.39	750m: 12:00.00	1000m: 16:14.00	1250m: 20:29.00	1500m: 24:35.44					
2.	De Schepper Stijn	81	VZSH	<b>26:05.92</b>	23:36.45						
	50m: 42.74	300m: 4:46.37	550m: 9:06.76	800m: 13:32.62	1050m: 18:02.96	1300m: 22:33.94					
	100m: 1:28.93	350m: 5:37.06	600m: 9:59.76	850m: 14:26.22	1100m: 18:56.76	1350m: 23:27.05					
	150m: 2:16.02	400m: 6:27.95	650m: 10:51.64	900m: 15:20.11	1150m: 19:51.15	1400m: 24:19.62					
	200m: 3:04.60	450m: 7:19.78	700m: 11:44.79	950m: 16:14.31	1200m: 20:46.14	1450m: 25:12.65					
	250m: 3:54.29	500m: 8:13.61	750m: 12:38.56	1000m: 17:08.07	1250m: 21:41.77	1500m: 26:05.92					

Programmanr. 7, Heren, 1500m vrije slag

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Heren, 1500m vrije slag

veteranen 30  
Resultaten

Rang	Geb.		Tijd		ins. tijd									
1.	Tallon Christophe		86	CNU	<b>21:34.32</b>		20:48.80							
	50m:	33.24	300m:	3:55.24	550m:	7:31.74	800m:	11:12.77	1050m:	14:55.87	1300m:	18:37.93	1500m:	21:34.32
	100m:	1:10.49	350m:	4:37.68	600m:	8:15.09	850m:	11:57.99	1100m:	15:42.62	1350m:	19:23.21	1500m:	21:34.32
	150m:	1:50.21	400m:	5:20.52	650m:	8:59.59	900m:	12:43.68	1150m:	16:27.65	1400m:	20:06.71	1500m:	21:34.32
	200m:	2:30.84	450m:	6:04.18	700m:	9:43.74	950m:	13:28.71	1200m:	17:11.49	1450m:	20:49.77	1500m:	21:34.32
	250m:	3:13.34	500m:	6:47.74	750m:	10:28.55	1000m:	14:13.46	1250m:	17:52.43	1500m:	21:34.32	1500m:	21:34.32

Programmanr. 7  
24/01/2016

Heren, 1500m vrije slag

senioren  
Resultaten

Rang	Geb.		Tijd		ins. tijd									
1.	Loones Matthias		97	VZD	<b>16:30.08</b>		17:03.24							
	<i>Nieuw Fros record</i>													
	50m:	30.31	300m:	3:13.96	550m:	5:58.40	800m:	8:43.42	1050m:	11:31.31	1300m:	14:18.98	1500m:	16:30.08
	100m:	1:02.95	350m:	3:46.32	600m:	6:31.55	850m:	9:17.18	1100m:	12:04.90	1350m:	14:51.50	1500m:	16:30.08
	150m:	1:35.75	400m:	4:18.23	650m:	7:09.86	900m:	9:50.81	1150m:	12:38.63	1400m:	15:24.51	1500m:	16:30.08
	200m:	2:08.31	450m:	4:52.05	700m:	7:37.80	950m:	10:29.40	1200m:	13:11.96	1450m:	15:57.76	1500m:	16:30.08
	250m:	2:41.09	500m:	5:25.17	750m:	8:11.06	1000m:	10:57.98	1250m:	13:45.02	1500m:	16:30.08	1500m:	16:30.08
2.	Dollé Matthieu		94	CNU	<b>20:22.18</b>		19:58.67							
	50m:	33.92	300m:	3:46.76	550m:	7:10.40	800m:	10:39.87	1050m:	14:09.32	1300m:	17:38.52	1500m:	20:22.18
	100m:	1:10.87	350m:	4:27.56	600m:	7:52.03	850m:	11:22.10	1100m:	14:51.27	1350m:	18:20.44	1500m:	20:22.18
	150m:	1:48.92	400m:	5:07.54	650m:	8:33.00	900m:	12:03.48	1150m:	15:33.37	1400m:	19:02.55	1500m:	20:22.18
	200m:	2:27.72	450m:	5:47.42	700m:	9:15.91	950m:	12:45.69	1200m:	16:14.92	1450m:	19:44.36	1500m:	20:22.18
	250m:	3:07.03	500m:	6:28.83	750m:	9:57.64	1000m:	13:27.43	1250m:	16:56.35	1500m:	20:22.18	1500m:	20:22.18
3.	Coppens Matthieu		96	CNU	<b>20:49.02</b>		20:01.52							
	50m:	32.51	300m:	3:48.60	550m:	7:19.23	800m:	10:56.45	1050m:	14:35.39	1300m:	18:09.29	1500m:	20:49.02
	100m:	1:10.23	350m:	4:30.00	600m:	8:02.39	850m:	11:39.42	1100m:	15:19.16	1350m:	18:51.54	1500m:	20:49.02
	150m:	1:49.02	400m:	5:11.80	650m:	8:45.80	900m:	12:23.32	1150m:	16:02.00	1400m:	19:33.95	1500m:	20:49.02
	200m:	2:28.04	450m:	5:54.10	700m:	9:28.70	950m:	13:07.39	1200m:	16:44.16	1450m:	20:16.00	1500m:	20:49.02
	250m:	3:08.29	500m:	6:36.32	750m:	10:12.54	1000m:	13:51.07	1250m:	17:26.80	1500m:	20:49.02	1500m:	20:49.02
4.	Dheuninck Robbe		97	VZN	<b>21:45.56</b>		20:57.28							
	50m:	36.59	300m:	4:10.66	550m:	7:51.03	800m:	11:31.23	1050m:	15:13.03	1300m:	18:56.56	1500m:	21:45.56
	100m:	1:17.61	350m:	4:55.12	600m:	8:35.24	850m:	12:15.15	1100m:	15:57.22	1350m:	19:40.35	1500m:	21:45.56
	150m:	1:59.96	400m:	5:39.50	650m:	9:19.02	900m:	12:59.73	1150m:	16:48.83	1400m:	20:25.09	1500m:	21:45.56
	200m:	2:43.29	450m:	6:23.44	700m:	10:02.66	950m:	13:43.92	1200m:	17:26.69	1450m:	21:09.22	1500m:	21:45.56
	250m:	3:27.07	500m:	7:07.06	750m:	10:47.01	1000m:	14:28.32	1250m:	18:11.31	1500m:	21:45.56	1500m:	21:45.56
5.	De Cock Gertjan		95	VZD	<b>25:05.84</b>		24:12.04							
	50m:	42.17	300m:	4:44.32	550m:	8:56.48	800m:	13:11.10	1050m:	17:27.73	1300m:	21:46.42	1500m:	25:05.84
	100m:	1:27.73	350m:	5:34.60	600m:	9:47.17	850m:	14:02.39	1100m:	18:18.69	1350m:	22:39.38	1500m:	25:05.84
	150m:	2:14.68	400m:	6:25.24	650m:	10:38.49	900m:	14:54.72	1150m:	19:11.14	1400m:	23:30.92	1500m:	25:05.84
	200m:	3:03.55	450m:	7:16.16	700m:	11:31.00	950m:	15:45.11	1200m:	20:02.92	1450m:	24:21.08	1500m:	25:05.84
	250m:	3:53.55	500m:	8:06.22	750m:	12:20.30	1000m:	16:35.00	1250m:	20:55.38	1500m:	25:05.84	1500m:	25:05.84

Programmanr. 7  
24/01/2016

Jongens, 1500m vrije slag

pupillen  
Resultaten

Rang	Geb.		Tijd		ins. tijd									
1.	Claeys Arno		99	VZG	<b>20:20.31</b>		20:37.27							
	50m:	32.06	300m:	3:49.75	550m:	7:15.00	800m:	10:43.00	1050m:	14:09.00	1300m:	17:36.00	1500m:	20:20.31
	100m:	1:09.32	350m:	4:30.51	600m:	7:56.00	850m:	11:25.00	1100m:	14:51.00	1350m:	18:17.00	1500m:	20:20.31
	150m:	1:48.77	400m:	5:11.77	650m:	8:39.00	900m:	12:06.00	1150m:	15:32.00	1400m:	18:58.00	1500m:	20:20.31
	200m:	2:28.14	450m:	5:53.22	700m:	9:20.00	950m:	12:47.00	1200m:	16:14.00	1450m:	19:39.00	1500m:	20:20.31
	250m:	3:08.57	500m:	6:33.91	750m:	10:02.00	1000m:	13:28.00	1250m:	16:55.00	1500m:	20:20.31	1500m:	20:20.31
2.	Moeyaert Chesney		98	VZN	<b>21:20.99</b>		20:14.17							
	50m:	34.17	300m:	3:54.72	550m:	7:25.08	800m:	11:01.48	1050m:	14:46.78	1300m:	18:28.28	1500m:	21:20.99
	100m:	1:12.44	350m:	4:37.03	600m:	8:07.65	850m:	11:45.48	1100m:	15:31.57	1350m:	19:12.27	1500m:	21:20.99
	150m:	1:50.59	400m:	5:19.26	650m:	8:51.42	900m:	12:31.14	1150m:	16:15.41	1400m:	19:56.35	1500m:	21:20.99
	200m:	2:30.70	450m:	6:00.92	700m:	9:34.48	950m:	13:16.39	1200m:	16:59.49	1450m:	20:38.31	1500m:	21:20.99
	250m:	3:12.55	500m:	6:42.34	750m:	10:16.88	1000m:	14:01.96	1250m:	17:43.96	1500m:	21:20.99	1500m:	21:20.99

Programmanr. 7, Jongens, 1500m vrije slag, pupillen

Rang	Geb.		Tijd	ins. tijd							
3.	Debruyne Maarten 98		VZO	<b>21:46.80</b>	21:17.49						
	50m: 35.73	300m: 4:14.77	550m: 7:58.32	800m: 11:38.71	1050m: 15:18.46	1300m: 18:57.31					
	100m: 1:16.96	350m: 4:58.38	600m: 8:41.70	850m: 12:22.70	1100m: 16:03.34	1350m: 19:40.36					
	150m: 2:01.04	400m: 5:43.05	650m: 9:25.68	900m: 13:06.66	1150m: 16:45.96	1400m: 20:22.80					
	200m: 2:46.29	450m: 6:27.26	700m: 10:09.28	950m: 13:51.46	1200m: 17:30.33	1450m: 21:05.13					
	250m: 3:31.23	500m: 7:12.33	750m: 10:53.55	1000m: 14:34.57	1250m: 18:13.07	1500m: 21:46.80					
4.	Paredis Robbe 98		VZSA	<b>21:54.94</b>	21:48.84						
	50m: 38.52	300m: 4:16.46	550m: 8:00.00	800m: 11:40.00	1050m: 15:19.00	1300m: 18:59.00					
	100m: 1:20.58	350m: 5:01.70	600m: 8:44.00	850m: 12:24.00	1100m: 16:03.00	1350m: 19:43.00					
	150m: 2:03.74	400m: 5:46.56	650m: 9:28.00	900m: 1:23:08.00	1150m: 16:46.00	1400m: 20:28.00					
	200m: 2:47.45	450m: 6:31.10	700m: 10:12.00	950m: 13:51.00	1200m: 17:31.00	1450m: 21:12.00					
	250m: 3:31.99	500m: 7:15.43	750m: 10:56.00	1000m: 14:35.00	1250m: 18:15.00	1500m: 21:54.94					
5.	Verkest Mathias 98		VZN	<b>21:58.08</b>	21:00.00						
	50m: 36.65	300m: 4:14.89	550m: 7:55.48	800m: 11:39.57	1050m: 15:21.73	1300m: 19:02.92					
	100m: 1:18.76	350m: 4:58.82	600m: 8:39.76	850m: 12:24.29	1100m: 16:06.73	1350m: 19:46.32					
	150m: 2:01.95	400m: 5:42.73	650m: 9:24.82	900m: 13:08.86	1150m: 16:50.54	1400m: 20:30.26					
	200m: 2:46.26	450m: 6:26.76	700m: 10:09.80	950m: 13:53.67	1200m: 17:34.07	1450m: 21:12.92					
	250m: 3:30.48	500m: 7:11.70	750m: 10:53.95	1000m: 14:37.82	1250m: 18:18.36	1500m: 21:58.08					

Programmanr. 7  
24/01/2016

Jongens, 1500m vrije slag

kadetten  
Resultaten

Rang	Geb.		Tijd	ins. tijd							
1.	Miroir Matisse 01		VZO	<b>19:22.17</b>	20:25.10						
	50m: 33.72	300m: 3:44.76	550m: 6:59.63	800m: 10:17.29	1050m: 13:34.52	1300m: 16:50.49					
	100m: 1:10.71	350m: 4:23.30	600m: 7:39.36	850m: 10:56.90	1100m: 14:14.88	1350m: 17:29.52					
	150m: 1:48.83	400m: 5:01.66	650m: 8:18.52	900m: 11:36.16	1150m: 14:54.66	1400m: 18:08.36					
	200m: 2:27.48	450m: 5:40.55	700m: 8:58.16	950m: 12:15.58	1200m: 15:33.13	1450m: 18:46.01					
	250m: 3:06.27	500m: 6:20.10	750m: 9:37.88	1000m: 12:55.96	1250m: 16:11.90	1500m: 19:22.17					
2.	Moeyaert Rochney 01		VZN	<b>19:26.63</b>	19:57.57						
	50m: 33.36	300m: 3:46.53	550m: 7:04.89	800m: 10:24.01	1050m: 13:43.30	1300m: 16:56.37					
	100m: 1:10.52	350m: 4:26.21	600m: 7:44.98	850m: 11:03.88	1100m: 14:22.93	1350m: 17:34.57					
	150m: 1:49.12	400m: 5:05.57	650m: 8:24.98	900m: 11:43.40	1150m: 15:00.85	1400m: 18:12.67					
	200m: 2:28.07	450m: 5:45.39	700m: 9:04.57	950m: 12:23.37	1200m: 15:39.09	1450m: 18:51.00					
	250m: 3:07.30	500m: 6:25.18	750m: 9:44.07	1000m: 13:03.70	1250m: 16:17.73	1500m: 19:26.63					
3.	Schotte Alexander 01		WDK	<b>20:32.91</b>	20:59.23						
	50m: 36.16	300m: 3:59.23	550m: 7:28.59	800m: 10:55.99	1050m: 14:22.52	1300m: 17:49.27					
	100m: 1:11.56	350m: 4:41.07	600m: 8:10.05	850m: 11:37.25	1100m: 15:03.82	1350m: 18:31.09					
	150m: 1:55.83	400m: 5:23.16	650m: 8:51.80	900m: 12:18.77	1150m: 15:45.05	1400m: 19:13.48					
	200m: 2:36.70	450m: 6:05.20	700m: 9:33.32	950m: 13:00.06	1200m: 16:26.15	1450m: 19:55.43					
	250m: 3:17.98	500m: 6:47.29	750m: 10:14.39	1000m: 13:41.30	1250m: 17:07.70	1500m: 20:32.91					
4.	Wielemans Marcos 01		ZVM	<b>20:46.05</b>	NT						
	50m: 37.53	300m: 4:05.73	550m: 7:35.04	800m: 11:06.40	1050m: 14:37.52	1300m: 18:09.51					
	100m: 1:18.10	350m: 4:48.14	600m: 8:17.80	850m: 11:49.33	1100m: 15:20.30	1350m: 18:50.55					
	150m: 1:59.18	400m: 5:29.46	650m: 9:00.71	900m: 12:31.08	1150m: 16:03.77	1400m: 19:30.77					
	200m: 2:41.66	450m: 6:11.27	700m: 9:41.89	950m: 13:13.58	1200m: 16:46.45	1450m: 20:11.73					
	250m: 3:22.73	500m: 6:53.15	750m: 10:24.13	1000m: 13:54.95	1250m: 17:27.80	1500m: 20:46.05					
5.	Marcelis Lars 00		ZVM	<b>20:52.45</b>	NT						
	50m: 37.00	300m: 4:04.00	550m: 7:32.13	800m: 11:03.36	1050m: 14:32.07	1300m: 18:06.60					
	100m: 1:17.13	350m: 4:45.73	600m: 8:13.95	850m: 11:45.92	1100m: 15:15.07	1350m: 18:48.76					
	150m: 1:58.26	400m: 5:26.67	650m: 8:56.51	900m: 12:26.89	1150m: 15:57.48	1400m: 18:31.48					
	200m: 2:39.67	450m: 6:08.02	700m: 9:39.07	950m: 13:08.82	1200m: 16:40.26	1450m: 20:13.92					
	250m: 3:21.42	500m: 6:50.39	750m: 10:20.80	1000m: 13:50.39	1250m: 17:23.54	1500m: 20:52.45					
6.	Wielemans Axl 01		ZVM	<b>21:37.53</b>	NT						
	50m: 37.52	300m: 4:07.40	550m: 7:40.87	800m: 11:18.74	1050m: 14:59.30	1300m: 18:47.37					
	100m: 1:18.83	350m: 4:51.02	600m: 8:23.99	850m: 12:02.37	1100m: 15:45.24	1350m: 19:33.15					
	150m: 2:00.21	400m: 5:33.05	650m: 9:07.52	900m: 12:46.99	1150m: 16:30.96	1400m: 20:18.80					
	200m: 2:42.43	450m: 6:15.55	700m: 9:51.74	950m: 13:31.08	1200m: 17:16.33	1450m: 21:04.37					
	250m: 3:25.46	500m: 6:56.40	750m: 10:34.96	1000m: 14:14.15	1250m: 18:02.05	1500m: 21:37.53					
7.	De Fauw Jarne 00		BZV	<b>22:46.98</b>	21:17.30						
	50m: 36.04	300m: 4:10.93	550m: 7:59.36	800m: 11:53.96	1050m: 15:47.20	1300m: 19:46.39					
	100m: 1:16.64	350m: 4:54.99	600m: 8:45.30	850m: 12:39.87	1100m: 16:36.62	1350m: 20:34.72					
	150m: 1:59.31	400m: 5:40.18	650m: 9:32.16	900m: 13:26.47	1150m: 17:25.35	1400m: 21:22.07					
	200m: 2:42.70	450m: 6:25.58	700m: 10:19.23	950m: 14:15.79	1200m: 18:13.70	1450m: 22:07.02					
	250m: 3:25.93	500m: 7:12.36	750m: 11:08.25	1000m: 15:03.04	1250m: 19:00.09	1500m: 22:46.98					

Programmanr. 7, Jongens, 1500m vrije slag, kadetten

Rang	Geb.		Tijd	ins. tijd					
8.	Chirivi Luca	01 VZSA	<b>24:19.82</b>	<b>24:15.97</b>					
	50m: 40.26	300m: 4:46.80	550m: 8:56.70	800m: 13:06.67	1050m: 17:15.23	1300m: 21:15.60			
	100m: 1:27.89	350m: 5:36.67	600m: 9:47.51	850m: 13:57.02	1100m: 18:00.54	1350m: 22:05.39			
	150m: 2:17.67	400m: 6:26.67	650m: 10:38.02	900m: 14:47.42	1150m: 18:46.36	1400m: 22:54.45			
	200m: 3:07.10	450m: 7:16.73	700m: 11:27.48	950m: 15:40.02	1200m: 19:35.32	1450m: 23:42.92			
	250m: 3:56.76	500m: 8:06.82	750m: 12:17.76	1000m: 16:28.60	1250m: 20:26.02	1500m: 24:19.82			
9.	Selivanov Andrei	01 CNU	<b>25:46.42</b>	<b>25:26.62</b>					
	50m: 42.29	300m: 4:50.71	550m: 9:08.89	800m: 13:33.98	1050m: 17:56.67	1300m: 22:23.30			
	100m: 1:30.74	350m: 5:41.23	600m: 10:02.10	850m: 14:26.47	1100m: 18:49.67	1350m: 23:16.36			
	150m: 2:19.87	400m: 6:32.98	650m: 10:54.88	900m: 15:19.46	1150m: 19:43.01	1400m: 24:08.19			
	200m: 3:10.02	450m: 7:25.13	700m: 11:47.80	950m: 16:12.73	1200m: 20:36.50	1450m: 24:59.80			
	250m: 4:00.01	500m: 8:17.52	750m: 12:40.70	1000m: 17:04.47	1250m: 21:29.87	1500m: 25:46.42			
10.	Peeters Jeroen	00 ZVM	<b>28:05.82</b>	<b>NT</b>					
	50m: 42.71	300m: 5:04.78	550m: 9:47.44	800m: 14:35.20	1050m: 19:40.66	1300m: 24:27.63			
	100m: 1:31.32	350m: 6:00.70	600m: 10:44.72	850m: 15:35.74	1100m: 20:38.16	1350m: 25:22.91			
	150m: 1:22.10	400m: 6:56.93	650m: 11:40.72	900m: 16:35.46	1150m: 21:35.33	1400m: 26:18.19			
	200m: 3:15.10	450m: 7:53.44	700m: 12:39.12	950m: 17:37.48	1200m: 22:33.31	1450m: 27:14.22			
	250m: 4:10.12	500m: 8:50.85	750m: 13:37.62	1000m: 18:37.93	1250m: 23:31.10	1500m: 28:05.82			

Programmanr. 7  
24/01/2016

Jongens, 1500m vrije slag

miniemen  
Resultaten

Rang	Geb.		Tijd	ins. tijd					
1.	Boone Lennert	02 BZV	<b>22:23.45</b>	<b>23:52.33</b>					
	50m: 37.50	300m: 4:13.28	550m: 7:58.71	800m: 11:50.04	1050m: 15:42.46	1300m: 19:32.02			
	100m: 1:19.32	350m: 4:57.70	600m: 8:44.38	850m: 12:36.41	1100m: 16:30.22	1350m: 20:16.63			
	150m: 2:02.02	400m: 5:43.16	650m: 9:30.78	900m: 13:23.64	1150m: 17:16.55	1400m: 21:01.34			
	200m: 2:45.14	450m: 6:28.14	700m: 10:16.73	950m: 14:10.91	1200m: 18:01.36	1450m: 21:44.59			
	250m: 3:29.13	500m: 7:13.28	750m: 11:02.92	1000m: 14:56.91	1250m: 18:45.77	1500m: 22:23.45			
2.	VD Bussche Brend	03 ZIB	<b>23:43.09</b>	<b>NT</b>					
	50m: 38.23	300m: 4:35.08	550m: 8:39.52	800m: 12:41.59	1050m: 16:38.80	1300m: 20:37.77			
	100m: 1:23.23	350m: 5:24.15	600m: 9:29.10	850m: 13:29.34	1100m: 17:25.83	1350m: 21:22.96			
	150m: 2:09.73	400m: 6:12.77	650m: 10:19.75	900m: 14:17.23	1150m: 18:11.74	1400m: 22:10.13			
	200m: 2:56.92	450m: 7:01.13	700m: 11:07.34	950m: 15:05.45	1200m: 18:59.11	1450m: 22:59.23			
	250m: 3:45.53	500m: 7:50.20	750m: 11:55.17	1000m: 15:51.85	1250m: 19:47.06	1500m: 23:43.09			
3.	Denolf Ward	02 ZIB	<b>23:51.56</b>	<b>NT</b>					
	50m: 37.91	300m: 4:25.36	550m: 8:25.07	800m: 12:29.82	1050m: 16:33.08	1300m: 20:39.16			
	100m: 1:20.53	350m: 5:13.89	600m: 9:10.72	850m: 13:15.18	1100m: 17:22.78	1350m: 21:28.60			
	150m: 2:05.14	400m: 6:01.88	650m: 9:56.05	900m: 14:04.29	1150m: 18:12.77	1400m: 22:17.80			
	200m: 2:50.36	450m: 6:49.22	700m: 10:45.44	950m: 14:53.61	1200m: 19:00.90	1450m: 23:08.80			
	250m: 3:38.02	500m: 7:37.24	750m: 11:35.33	1000m: 15:43.59	1250m: 19:50.05	1500m: 23:51.56			
4.	Ruttens Sebbe	02 BZV	<b>24:36.75</b>	<b>NT</b>					
	50m: 40.72	300m: 4:38.00	550m: 8:47.00	800m: 12:59.01	1050m: 17:12.00	1300m: 21:24.00			
	100m: 1:25.00	350m: 5:30.00	600m: 9:37.00	850m: 13:50.00	1100m: 18:03.00	1350m: 22:15.00			
	150m: 2:12.00	400m: 6:16.00	650m: 10:27.01	900m: 14:41.00	1150m: 18:55.00	1400m: 23:07.00			
	200m: 3:00.00	450m: 7:06.00	700m: 11:19.00	950m: 15:31.00	1200m: 19:44.00	1450m: 23:55.00			
	250m: 3:49.00	500m: 7:56.00	750m: 12:08.00	1000m: 16:22.00	1250m: 20:34.00	1500m: 24:36.75			
5.	Vandaele Maxime	03 VZN	<b>24:54.39</b>	<b>NT</b>					
	50m: 44.54	300m: 4:52.75	550m: 9:04.13	800m: 13:19.12	1050m: 17:33.00	1300m: 21:45.00			
	100m: 1:32.73	350m: 5:42.71	600m: 9:55.14	850m: 14:09.15	1100m: 18:23.00	1350m: 22:35.00			
	150m: 2:22.50	400m: 6:37.75	650m: 10:45.36	900m: 15:01.10	1150m: 19:14.00	1400m: 23:23.00			
	200m: 3:12.23	450m: 7:22.57	700m: 11:36.59	950m: 15:52.00	1200m: 20:04.00	1450m: 24:11.00			
	250m: 4:02.39	500m: 8:13.27	750m: 12:27.48	1000m: 16:42.00	1250m: 20:54.00	1500m: 24:54.39			
6.	Tuyteleers Emiel	02 DELF	<b>25:45.24</b>	<b>NT</b>					
	50m: 40.00	300m: 4:35.25	550m: 8:54.19	800m: 13:20.42	1050m: 17:52.61	1300m: 22:16.88			
	100m: 1:21.10	350m: 5:27.17	600m: 9:47.09	850m: 14:13.68	1100m: 18:44.46	1350m: 23:08.60			
	150m: 2:06.36	400m: 6:18.63	650m: 10:40.73	900m: 15:08.02	1150m: 19:35.38	1400m: 24:02.44			
	200m: 2:55.28	450m: 7:12.16	700m: 11:34.84	950m: 16:03.68	1200m: 20:27.32	1450m: 24:56.17			
	250m: 3:45.45	500m: 8:05.11	750m: 12:28.39	1000m: 16:56.98	1250m: 21:22.38	1500m: 25:45.24			



Programmanr. 8, Dames, 800m vrije slag

Programmanr. 8  
24/01/2016

Dames, 800m vrije slag

veteranen 30  
Resultaten

Rang	Geb.		Tijd		ins. tijd			
1.	Peeters Jessica	86	VZSH	<b>11:44.18</b>	<b>12:26.32</b>			
	50m: 38.95	200m: 2:48.95	350m: 5:02.47	500m: 7:17.15	650m: 9:32.67	800m: 11:44.18		
	100m: 1:20.56	250m: 3:32.70	400m: 5:47.97	550m: 8:02.24	700m: 10:17.53			
	150m: 2:04.70	300m: 4:17.61	450m: 6:32.23	600m: 8:47.80	750m: 11:02.90			

Programmanr. 8  
24/01/2016

Dames, 800m vrije slag

veteranen 25  
Resultaten

Rang	Geb.		Tijd		ins. tijd			
1.	Nijssens Anneleen	87	VZSH	<b>17:17.30</b>	<b>16:00.00</b>			
	50m: 51.11	200m: 3:49.45	350m: 7:11.38	500m: 10:34.83	650m: 13:59.71	800m: 17:17.30		
	100m: 1:46.32	250m: 4:56.49	400m: 8:19.36	550m: 11:44.70	700m: 15:07.85			
	150m: 2:46.44	300m: 6:03.66	450m: 9:27.02	600m: 12:52.83	750m: 16:15.26			

Programmanr. 8  
24/01/2016

Dames, 800m vrije slag

senioren  
Resultaten

Rang	Geb.		Tijd		ins. tijd			
1.	Van den Bergh Quitty	93	ZVM	<b>11:21.54</b>	<b>11:31.13</b>			
	50m: 35.98	200m: 2:39.70	350m: 4:48.45	500m: 6:59.80	650m: 9:12.16	800m: 11:21.54		
	100m: 1:15.78	250m: 3:22.42	400m: 5:32.21	550m: 7:43.86	700m: 9:56.05			
	150m: 1:57.34	300m: 4:05.31	450m: 6:15.94	600m: 8:27.97	750m: 10:39.98			
2.	Goegebeur Sarah	96	BZV	<b>12:16.29</b>	<b>12:27.65</b>			
	50m: 37.82	200m: 2:44.00	350m: 5:02.98	500m: 7:25.42	650m: 9:51.87	800m: 12:16.29		
	100m: 1:18.86	250m: 3:31.11	400m: 5:50.77	550m: 8:18.63	700m: 10:41.86			
	150m: 2:02.68	300m: 4:16.40	450m: 6:37.93	600m: 9:02.58	750m: 11:31.68			
3.	Goegebeur Rhaisa	97	BZV	<b>13:34.94</b>	<b>13:20.09</b>			
	50m: 43.35	200m: 3:14.36	350m: 4:58.73	500m: 7:36.86	650m: 10:16.00	800m: 13:34.94		
	100m: 1:32.09	250m: 4:06.82	400m: 5:51.40	550m: 8:30.37	700m: 11:08.00			
	150m: 2:22.61	300m: 4:58.73	450m: 6:44.31	600m: 9:23.00	750m: 11:57.00			

Programmanr. 8  
24/01/2016

Dames, 800m vrije slag

pupillen  
Resultaten

Rang	Geb.		Tijd		ins. tijd			
1.	Kinnaer Jasmien	99	VZT	<b>10:24.22</b>	<b>10:20.78</b>			
	50m: 34.49	200m: 2:28.88	350m: 4:28.05	500m: 6:28.81	650m: 8:29.14	800m: 10:24.22		
	100m: 1:11.81	250m: 3:08.46	400m: 5:08.64	550m: 7:09.34	700m: 9:08.49			
	150m: 1:49.87	300m: 3:48.72	450m: 5:48.41	600m: 7:49.20	750m: 9:47.32			
2.	Vandemaele Lucie	99	WDK	<b>10:56.40</b>	<b>NT</b>			
	50m: 34.80	200m: 2:33.14	350m: 4:36.61	500m: 6:42.74	650m: 8:51.27	800m: 10:56.40		
	100m: 1:13.42	250m: 3:13.55	400m: 5:18.21	550m: 7:24.92	700m: 9:33.61			
	150m: 1:52.96	300m: 3:54.67	450m: 6:00.14	600m: 8:07.27	750m: 10:15.74			
3.	Miroir Heloise	99	VZO	<b>11:24.57</b>	<b>11:18.71</b>			
	50m: 30.85	200m: 2:42.76	350m: 4:54.46	500m: 7:08.82	650m: 9:17.26	800m: 11:24.57		
	100m: 1:16.97	250m: 3:26.64	400m: 5:38.62	550m: 7:49.59	700m: 10:01.15			
	150m: 1:59.31	300m: 4:10.52	450m: 6:22.36	600m: 8:33.66	750m: 10:43.91			
4.	Vandenbergh Kaja	99	VZT	<b>11:38.44</b>	<b>11:21.25</b>			
	50m: 39.36	200m: 2:51.57	350m: 5:05.82	500m: 7:19.86	650m: 9:32.54	800m: 11:38.44		
	100m: 1:22.39	250m: 3:36.02	400m: 5:50.20	550m: 8:03.82	700m: 10:15.92			
	150m: 2:07.32	300m: 4:20.70	450m: 6:35.45	600m: 8:48.10	750m: 10:58.20			
5.	Dereepere Amber	99	ZIB	<b>12:49.80</b>	<b>12:21.40</b>			
	50m: 40.95	200m: 3:03.01	350m: 5:29.95	500m: 7:57.04	650m: 10:24.81	800m: 12:49.80		
	100m: 1:27.36	250m: 3:52.57	400m: 6:18.71	550m: 8:46.38	700m: 11:14.60			
	150m: 2:14.83	300m: 4:40.95	450m: 7:07.98	600m: 9:36.06	750m: 12:03.37			

Programmanr. 8, Dames, 800m vrije slag

Programmanr. 8  
24/01/2016

Meisjes, 800m vrije slag

kadetten  
Resultaten

Rang	Geb.		Tijd	ins. tijd				
1. Loones Thuline	00	VZD	<b>10:01.92</b>	10:45.96				
	50m: 33.59	200m: 2:25.00	350m: 4:20.70	500m: 6:16.31	650m: 8:10.15	800m: 10:01.92		
	100m: 1:10.21	250m: 3:03.83	400m: 4:59.00	550m: 6:54.67	700m: 8:48.91			
	150m: 1:47.55	300m: 3:42.66	450m: 5:36.88	600m: 7:33.08	750m: 9:26.41			
2. Vanhauwaert Julie	01	BZV	<b>11:52.31</b>	12:11.09				
	50m: 37.40	200m: 2:47.46	350m: 5:06.94	500m: 7:24.94	650m: 9:42.00	800m: 11:52.31		
	100m: 1:18.92	250m: 3:33.46	400m: 5:52.94	550m: 8:10.00	700m: 10:27.00			
	150m: 2:02.69	300m: 4:20.54	450m: 6:38.94	600m: 8:57.00	750m: 11:10.00			
3. Tanghe Delphine	01	BZV	<b>11:59.93</b>	12:15.11				
	50m: 37.58	200m: 2:51.77	350m: 5:09.64	500m: 7:28.48	650m: 9:46.98	800m: 11:59.93		
	100m: 1:21.08	250m: 3:37.61	400m: 5:56.14	550m: 8:15.23	700m: 10:31.83			
	150m: 2:06.52	300m: 4:23.70	450m: 6:42.02	600m: 9:01.05	750m: 11:16.83			
4. Claeys Xena	01	VZN	<b>12:08.02</b>	11:59.47				
	50m: 39.36	200m: 2:53.66	350m: 5:11.65	500m: 7:30.27	650m: 9:49.59	800m: 12:08.02		
	100m: 1:23.30	250m: 3:39.46	400m: 5:57.67	550m: 8:16.30	700m: 10:36.30			
	150m: 2:08.16	300m: 4:25.55	450m: 6:43.78	600m: 9:02.07	750m: 11:22.69			
5. Houllier Mouri	01	WDK	<b>12:28.50</b>	NT				
	50m: 41.32	200m: 3:02.48	350m: 5:25.09	500m: 7:50.58	650m: 10:13.00	800m: 12:28.50		
	100m: 1:28.51	250m: 3:48.57	400m: 6:13.99	550m: 8:38.00	700m: 11:01.00			
	150m: 2:15.52	300m: 4:37.44	450m: 7:00.56	600m: 9:24.00	750m: 11:47.00			
6. Dejonckheere Nera	01	BZV	<b>13:01.72</b>	13:00.44				
	50m: 38.81	200m: 2:57.35	350m: 5:25.58	500m: 7:59.23	650m: 10:34.82	800m: 13:01.72		
	100m: 1:23.31	250m: 3:45.53	400m: 6:15.50	550m: 8:50.99	700m: 11:26.27			
	150m: 2:10.02	300m: 4:35.12	450m: 7:07.16	600m: 9:43.16	750m: 12:16.02			

Programmanr. 8  
24/01/2016

Meisjes, 800m vrije slag

miniemen  
Resultaten

Rang	Geb.		Tijd	ins. tijd				
1. Leece Helena	03	KZV	<b>11:51.47</b>	12:58.08				
	50m: 42.24	200m: 2:55.71	350m: 5:10.57	500m: 7:25.66	650m: 9:42.40	800m: 11:51.47		
	100m: 1:25.20	250m: 3:41.41	400m: 5:56.17	550m: 8:11.60	700m: 10:26.88			
	150m: 2:10.08	300m: 4:25.28	450m: 6:41.04	600m: 8:57.53	750m: 11:10.21			
2. Braeckmans Daimy	02	ZVM	<b>11:54.21</b>	NT				
	50m: 37.83	200m: 2:49.38	350m: 5:07.09	500m: 7:26.71	650m: 9:42.38	800m: 11:54.21		
	100m: 1:20.41	250m: 3:35.44	400m: 5:53.88	550m: 8:11.37	700m: 10:28.16			
	150m: 2:05.16	300m: 4:20.66	450m: 6:40.30	600m: 8:57.11	750m: 11:12.96			
3. Dereepere Indra	02	ZIB	<b>12:16.26</b>	12:34.76				
	50m: 39.67	200m: 2:57.64	350m: 5:17.57	500m: 7:39.32	650m: 10:01.54	800m: 12:16.26		
	100m: 1:25.16	250m: 3:44.16	400m: 6:04.26	550m: 8:26.64	700m: 10:49.45			
	150m: 2:11.48	300m: 4:30.76	450m: 6:51.73	600m: 9:13.92	750m: 11:35.13			
4. Mestdagh Alies	02	KZV	<b>12:25.25</b>	13:21.29				
	50m: 41.21	200m: 3:01.34	350m: 5:25.68	500m: 7:49.74	650m: 10:12.02	800m: 12:25.25		
	100m: 1:26.40	250m: 3:48.93	400m: 6:13.15	550m: 9:36.52	700m: 10:56.80			
	150m: 2:13.21	300m: 4:37.55	450m: 7:01.21	600m: 9:23.93	750m: 11:41.71			
5. Vanhauwaert Rani	03	BZV	<b>12:59.39</b>	14:10.19				
	50m: 39.30	200m: 2:58.19	350m: 5:29.14	500m: 8:04.82	650m: 10:37.33	800m: 12:59.39		
	100m: 1:23.47	250m: 3:47.91	400m: 6:19.67	550m: 8:55.53	700m: 11:26.73			
	150m: 2:10.59	300m: 4:37.63	450m: 7:12.09	600m: 9:46.82	750m: 12:13.48			
6. Dubois Amy	02	BZV	<b>13:02.48</b>	14:53.66				
	50m: 37.10	200m: 3:00.23	350m: 5:34.82	500m: 8:09.39	650m: 10:40.64	800m: 13:02.48		
	100m: 1:22.00	250m: 3:51.04	400m: 6:26.29	550m: 9:01.07	700m: 11:29.76			
	150m: 2:10.10	300m: 4:42.42	450m: 7:17.92	600m: 9:50.51	750m: 12:17.76			
7. D'Hoore Ellen	03	ZIB	<b>13:13.09</b>	14:04.15				
	50m: 43.69	200m:	350m: 5:44.26	500m: 8:15.22	650m: 10:49.35	800m: 13:13.09		
	100m: 1:31.26	250m: 4:00.86	400m: 6:37.57	550m: 9:04.27	700m: 11:37.36			
	150m:	300m: 4:51.84	450m: 7:26.19	600m: 9:57.17	750m: 12:26.53			

Rang			Tijd	ins. tijd				
1.	Nageurs Ucclois	CNU	<b>9:37.19</b>	<b>9:06.68</b>				
	Coppens Matthieu	96	31.13	1:07.51	1:45.30	2:21.66	2:21.66	
	Vangindedeuren Philippe	69	34.68	1:14.47	1:56.26	2:36.12	2:36.12	
	Tallon Christophe	86	29.18	1:05.57	1:44.44	2:20.06	2:20.06	
	Dollé Matthieu	94	31.96	1:07.29	1:44.12	2:19.35	2:19.35	
2.	Vrije Zwemmers Nieuwpoort 1	VZN	<b>9:52.70</b>	<b>10:00.00</b>				
	Moeyaert Chesney	98	32.79	1:09.59	1:47.45	2:25.55	2:25.55	
	Verkest Mathias	98	33.18	1:13.35	1:55.43	2:34.22	2:34.22	
	Dheuninck Robbe	97	33.44	1:12.50	1:53.47	2:33.65	2:33.65	
	Moeyaert Rochney	01	31.00	1:06.74	1:43.92	2:19.28	2:19.28	
3.	Zwemclub Vrij Merksem	ZVM	<b>10:25.32</b>	<b>10:20.83</b>				
	Marcelis Lars	00	37.39	1:23.40	2:09.13	2:54.90	2:54.90	
	Peeters Jeroen	00	52.10	1:15.35	1:56.54	2:31.97	2:31.97	
	Wielemans Axl	01	33.58	1:11.25	1:50.31	2:29.02	2:29.02	
	Wielemans Marcos	01	33.80	1:12.30	1:52.66	2:29.43	2:29.43	
4.	Vrije Zwemmers Nieuwpoort 2	VZN	<b>12:12.86</b>	<b>NT</b>				
	Vanhollebeke Maxence	04	36.29	1:17.16	1:59.92	2:41.36	2:41.36	
	Vanbeveren Noah	06	44.64	1:38.53	2:34.96	3:27.84	3:27.84	
	Bonjé Aeon	04	40.28	1:27.69	2:16.56	3:04.03	3:04.03	
	Vandaele Maxime	03	42.03	1:27.50	2:14.31	2:59.63	2:59.63	

Rang			Tijd	ins. tijd				
1.	Blankenbergse Zwemvereniging BZV		<b>11:31.31</b>	<b>10:46.10</b>				
	Goegebeur Sarah	96	36.93	1:18.55	2:02.45	2:45.06	2:45.06	
	Tanghe Delphine	01	40.05	1:26.41	2:13.94	2:59.47	2:59.47	
	Dejonckheere Nera	01	40.38	1:26.07	2:15.71	3:01.19	3:01.19	
	Vanhauwaert Julie	01	37.97	1:20.57	2:04.32	2:45.59	2:45.59	